

ECMT 2019

"Manual Therapy: the future aHEAD" Cervico-cephalic complaints

September 20 - 21, 2019 Campus Drie Eiken - UAntwerpen - Belgium



Joel Bialosky (USA) Willem De Hertogh (B) Sarah Michiels (B) Sue Reid (AUS) Corine Visscher (NL) Chris Worsfold (UK)

With pre-congress courses More info: www.mathera.be

#### Joel BIALOSKY (USA)



Joel Bialosky, PT, PhD, FAAOMPT, OCS has over 14 years of clinical experience primarily in orthopedic and musculoskeletal physical therapy. He is a board certified clinical specialist in Orthopaedics and a fellow in the American Academy of Orthopaedic Manual Physical Therapists. He received a bachelor's degree in physical therapy from Ithaca College in 1990 and a master's degree in musculoskeletal physical therapy from the University of Pittsburgh in 1998. He graduated from the University of Florida with a PhD in Rehabilitation Science in 2008 with his research interests focused on the mechanisms of manual therapy in the treatment of musculoskeletal pain. Dr. Bialosky's research program focuses on 1) placebo mechanisms of rehabilitation interventions and 2) neuroplastic changes in pain associated with musculoskeletal disorders and their response to common rehabilitation interventions. His primary teaching responsibilities in the entry level program include Musculoskeletal Disorders I and II, Therapeutic Modality Interventions in Physical Therapy, and the Manual Therapy portion of Functional Anatomy 2.



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## Willem DE HERTOGH (Belgium)



I am a musculoskeletal physical therapist and an assistant professor at the University of Antwerp, Belgium. After graduating as a physical therapist in 1996 (MSc, KULeuven) and as a manual therapist in 1999 (MSc, VUBrussel), I defended my PhD entitled 'Headache and Neck Pain, Diagnostic and Prognostic Implications' in 2008 (VUBrussel). Throughout the years I have always combined research an teaching activities with clinical work. My teaching activities concern muscusloskeletal rehabilitation of the upper quadrant in under- and postgraduate students. Since 2017 I am the academic coordinator of postgraduate education in Manual Therapy at the University of Antwerp. My clinical and research interests are complaints of the head and neck region, such as headaches (cervicogenic headache, tension type headache, migraine) and dizziness. My current research projects focus in particular on physical treatments of headache, chronic dizziness and somatic tinnitus.



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### Sarah MICHIELS (Belgium)



I graduated as a physical therapist and manual therapist (MSc.) in 2005 and 2008 respectively. In 2015, I obtained the degree of doctor in Medical Sciences studying the role of the physical therapist in diagnosis and treatment of patients with cervicogenic somatic tinnitus. Currently I work as a principal research fellow at the department of Rehabilitation Sciences and physiotherapy and at the department of ENT, head and neck surgery and communication disorders of the University of Antwerp. Apart from my research activities I am involved in the musculoskeltal physiotherapy education and in the assessment and treatment of cervical spine and temporomandibular dysfunctions in patients with neurotological conditions at the ENT department of the Antwerp University Hospital



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### Sue REID (Australia)



Dr. Sue Reid is a senior lecturer in musculoskeletal physiotherapy at the Australian Catholic University in Sydney, Australia. She has been a recognized manipulative physiotherapist (Titled Musculoskeletal Physiotherapist) since 1986, a Certified Mulligan Practitioner since 2010 and was made an Honorary member of the Mulligan Concept Teachers Association in 2014. Her clinical interests are treating neck pain, dizziness, headaches, and concussion. Sue has completed her research masters and PhD on the identification and treatment of cervicogenic dizziness and pain. She has also published on neurodynamic testing of the upper limb and validating Dr Goniometer for forearm movement. She has published in international journals, written book chapters, presented at many international conferences, Webinars, and workshops. Current research projects include physiotherapy management after a fractured radius, musculoskeletal pain related to usage of mobile device usage, and concussion prevention and treatment.



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# **Corine VISSCHER (the Netherlands)**



Corine Visscher is an orofacial physiotherapist and epidemiologist. Until 1 January 2018, she was associate professor and chairman of the Oral Kinesiology Section at ACTA. As of January 2018, Corine is programme director of the master's programme. In 2000, Corine obtained her PhD at the University of Amsterdam with a thesis on temporomandibular dysfunction (TMD) and neck complaints. Corine Visscher is (co-)author of more than 70 international peer-reviewed publications, co-author of the international classification system for TMD (DC/TMD) and board member of the Physical Therapy Board of Craniofacial and Cervical Therapeutics. Corine Visscher's research focuses on patients with chronic pain in general and disorders of the jaw joint and headaches in particular. She is involved in the review of the ACTA curriculum. In addition, she treats patients in a multidisciplinary team, consisting of dental pathologists (in training), orofacial physiotherapists and a psychologist. As a professor, Corine will focus on the diagnosis and treatment of muscle and joint disorders of the chewing system and the neck. This may include (chronic) pain complaints, movement disorders and aftercare in oncological patients.



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## Chris WORSFOLD (UK)



Chris is an Advanced Musculoskeletal Practitioner Physiotherapist and a Senior Lecturer at University of Hertfordshire. He teaches internationally and has over 30 years of experience in managing pain disorders. He has a special interest in neck pain, lower back pain, whiplash injury and headaches including migraine. From a sporting perspective he has a special interest in tendon rehabilitation (eg elbow, shoulder and Achilles problems) and knee pain (anterior knee pain and knee arthritis) and in the past he has worked closely with Tonbridge Juddians Rugby Club and the runners from Tonbridge Athletics Club. He uses an approach that is based on sound scientific evidence combined with many years of clinical practice combining joint manipulation, soft tissue techniques, acupuncture, injection therapy and sports specific rehabilitation. He is a popular and in-demand public speaker and very regularly presents his work to students, health professionals and lawyers at schools, NHS Hospitals and national conferences. He also lectures on University Post Graduate Master's Degree course seminars. He is frequently called as an expert witness in Court cases involving substandard Physiotherapy and possible clinical negligence. In 2013 he was invited to give evidence in Parliament to the Transport Select Committee and was one of eight members of the Ministry of Justice Whiplash Reform Working Party in 2014 tasked by the Government with improving the whiplash medico-legal reporting system. He continues to publish his work in peer reviewed journals.